

You will be called 1-2 days before your surgery date to confirm your check-in time at the surgery center or hospital _____. Your arrival or check-in time is typically approximately 60 minutes prior to your surgery time and may change until the day before surgery.

STOP EATING/DRINKING BY MIDNIGHT THE NIGHT BEFORE YOUR SURGERY.

You must not eat any solid food after midnight, or your surgery will be cancelled. You may be allowed to drink clear liquids up to 4 hours before your surgery, but please confirm specific requirements with the surgery center or hospital.

TAKE YOUR MORNING MEDICATIONS WITH A SIP OF WATER. It is okay to brush your teeth (without swallowing toothpaste/water) the morning of your surgery.

CONFIRM YOUR RIDE HOME FROM SURGERY. When you check-in the day of surgery, the surgery center or hospital will cancel your surgery if you cannot confirm your ride home and overnight care; an Uber/Lyft or taxi is not acceptable.

PLEASE BRING YOUR INSURANCE CARD, PHOTO ID, AND MEDICARE CARD (if applicable) with you when you check-in for surgery. Please leave your valuables, including jewelry, at home.

WHEN YOU CHECK-IN a nurse will guide you to your pre-operative room and through the changing process. This nurse will provide you with specific information about your surgery, place an IV, and answer any questions you may have.

YOUR SURGEON AND ANESTHESIA TEAM WILL MEET WITH YOU and your family to answer questions and discuss the anesthesia prior to your surgery.

AFTER YOUR SURGERY, a registered nurse will care for you in your recovery room. They will monitor your recovery, likely place ice over your incisions and provide you with a snack. This nurse will prepare you for your return home by providing instructions to you and those who will care for you at home. You will be given written instructions regarding medications, restrictions and proper post-operative care.

WHEN YOU ARE AT HOME, you will receive a courtesy call from a nurse to answer any questions that you may have and check on your recovery.

IF YOU HAVE ANY QUESTIONS ABOUT THE ABOVE INFORMATION OR HAVE ANOTHER QUESTION THAT HAS NOT BEEN ADDRESSED, PLEASE REACH OUT TO OUR OFFICE STAFF AT [952] 925-4161.